

# Choices Palliative



## Enhancing Support in Senior Living Communities, Personal Care Homes and Assisted Living Facilities

Choices Palliative Care is an ideal support system for individuals living in senior living communities, personal care homes and assisted living facilities who are facing serious illness, including dementia. Bringing palliative care into a facility ensures that residents receive an extra layer of compassionate, specialized care focused on comfort, quality of life and symptom relief — right where they live. It complements the services already provided by the facility, giving families peace of mind and helping residents live as fully and comfortably as possible.

### Benefits of Using Choices Palliative Care within each setting:

#### Independent/Senior Living Communities

In independent or senior living communities, Choices Palliative Care provides support in a way that mirrors the care we offer in a private home. Our team visits the patient directly in their residence to provide personalized, in-home palliative support.

#### Examples of services:

- In-person visits by a nurse practitioner or physician
- Assistance managing pain and symptoms related to serious illness
- Guidance with complex medical decisions and advance care planning
- Emotional and spiritual support for patients and families
- Coordination with primary care and specialty providers

#### Personal Care – Co-Management Role

In personal care settings, Choices Palliative Care collaborates closely with the patient's healthcare provider and the facility's care team to ensure seamless, holistic care. This co-management approach allows us to align treatment plans and goals of care with the patient's values and preferences.

#### Examples of services:

- Joint care planning with facility staff and outside providers
- Frequent communication between the Choices team and caregivers
- Shared responsibility in symptom management and quality-of-life support
- Regular check-ins with the patient and family to adjust care as needs change

#### Skilled Care – Consultative Role

In assisted living facilities, Choices Palliative Care provides expert consultation to the existing care team. We do not replace the facility's care but serve as a specialized resource to enhance the overall care experience and provide family support.

#### Examples of services:

- Recommendations for pain and symptom management
- Support with advance care planning conversations
- Assistance with aligning care goals between staff, patient and family
- Emotional and decision-making support for families
- Help navigating transitions of care

**CHOICES**  
Palliative Care

*Specialized care at home*

Call us at (877) 898-0685 or visit [www.ChoicesPalliative.org](http://www.ChoicesPalliative.org) for more information about our personalized in-facility care.